

BANNOCKBURN SCHOOL CODE OF CONDUCT EXTRA-CURRICULAR CONTRACT

I understand that as a member of the Bannockburn _____ Team/Activity, I will be expected to model the Six Pillars of Character Counts, which are caring, respect, responsibility, trustworthiness, fairness and good citizenship.

I will be committed to both the team/activity and my schoolwork.

I will work hard, have enthusiasm, be a team player and show good sportsmanship at all times.

I will give my best effort in the activity and in the classroom.

I understand that every practice, game and team or activity meeting is mandatory for all players/members, and that I must be on time. In the event that I am unable to attend any function due to academics or personal emergency, I will contact the coach or activity sponsor, prior to the function.

I understand that absences may affect participation time.

I will treat my teachers, coaches, activity sponsors and team/activity mates with respect.

I understand that winning isn't everything, however the team will strive to win.

I understand that the goal is for everyone to participate; however participation time may not be equal.

I understand that if I have a problem about anything concerning the team or activity, I should talk to my coach or activity sponsor.

I understand that as a good citizen and exemplar of Bannockburn School that I must follow the code of conduct at all times, including after school and on days when school is not in session, and whether on or off school property.

I understand that for my personal success, and the success of the program, I must follow these guidelines and furthermore, encourage my team/activity mates to do the same.

I understand that failure to meet the requirements of this contract may result in the loss of the privilege of participating in said sport or activity.

Parents play a vital role in the development of student athletes and the success of Bannockburn School's program. Therefore, we request that each parent agree to the following:

- Show appreciation of good play to both teams and show respect for the opposing players, coaches, and spectators.
- Refrain from "coaching" any player, especially your own from the sidelines/stands.
- Be respectful of all officials' decisions.
- Enforce the Player Code of Conduct Contract as shown above.

(OVER)

Concussion Information and Guidelines:

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or day to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

For current and up-to-date information on concussions you can go to:
<http://www.cdc.gov/ConcussionInYouthSports/>

Any athlete even suspected of suffering a concussion will be removed from the game or practice immediately.

No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance.

Close observation of the athlete should continue for several hours.

The Return-to-Play Policy of the IESA and IHSA requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest.

In accordance with state law, all schools are required to follow this policy.

You should also inform your child’s coach if you think that your child may have a concussion. Remember it’s better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

I have read, understand and agree to all statements and guidelines within the Bannockburn School Code of Conduct Extra-Curricular Contract.

Student _____ **Date** _____

Parent _____ **Date** _____

Parent _____ **Date** _____